

## Basketball Practices – Planning and Structure, Skills, Drills

Annotated links to resources.

Nepean Blue Devils

- [Coaches Corner](#) > [Resources](#)
  - Includes information on teaching basketball, practice planning, basketball skills, and past Blue Devils coaching clinics, e.g.
    - [Coaches Clinic 07-01-2023](#)
      - Including how to run a practice.
    - [Recreational Coaches Clinic 28-09-2022](#)
      - Including [5-out offence – creating gaps](#).
  - Google Drive Resources
    - Basketball for Coaches (Coach Mac)
      - Championship Coaching Course, e.g.,
        - 5-out motion offence, Man defence, Practice plans.
      - Weekly Magazine
      - *If you don't have access, you will.*
    - [Coaching Hacks](#), e.g.,
      - [#5 - Teaching Basketball Fundamentals](#)
      - [#7 - How to Run a Practice](#)

Hoopsplaybook.ca

- Practice Planning & Structure
  - [Youth Basketball - Practice Structure](#)
    - Up to U14.
    - Includes 10 teaching tips, links to ideas on practice planning, drills, and lesson plans.
    - Blog Post – [Youth Basketball](#).
  - [Coaches Handbook](#) > [Practice Planning](#), [Daily Practice Plan](#)
    - [Canada Basketball Daily Practice Plan](#)
    - [Practice Structure](#)
      - U13 and up.
      - Blog Posts – [Practice Structure](#), [Scrimmages](#).

- Skills
  - [Skills Checklists for Youth Players](#) (up to U14)
    - Includes a [table of player skills](#) with links to YouTube videos.
    - Also LTAD, Jr. NBA and other skills curricula, with a [comparison by age range](#).
  - [Blog Posts](#) > [Skills](#)
  - [Skills Checklists](#) (advanced, detailed)
  - [World Association of Basketball Coaches - Manuals](#) (Player Skills)
- Drills
  - [Favourite Drills for Kids](#)
    - Includes links to [Jr. NBA](#) and [Gooroo Youth](#) basketball drills.
  - [Go-To Drills](#)
  - [Dribbling Series](#)
  - [Keys to Shooting](#) (form shooting drills)
  - [Dribble-Drive Drills](#)

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