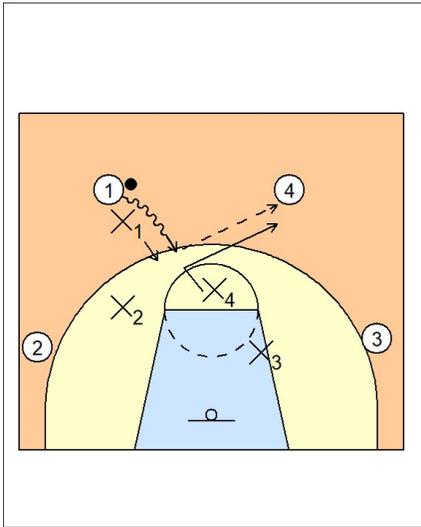


Defence

Defending gaps (simplified)

1



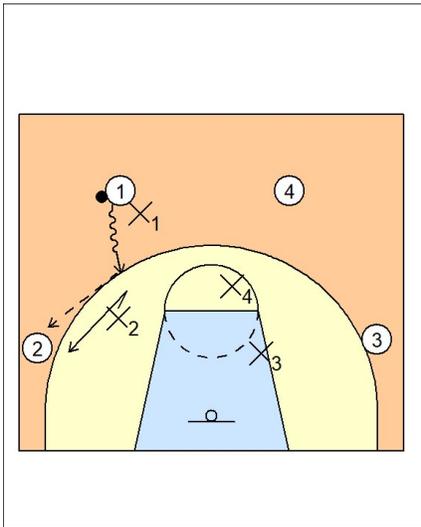
1) Help and recover

Start with single gaps between attackers. X2 and X4 are gap defenders, halfway between the ball and their check. X4 is on the nail (mid-point of the foul line).

1 drives left and beats X1, X4 stops the drive and recovers to 4 on a pass.

X4 can recover to 4 because he is not too far away.

2

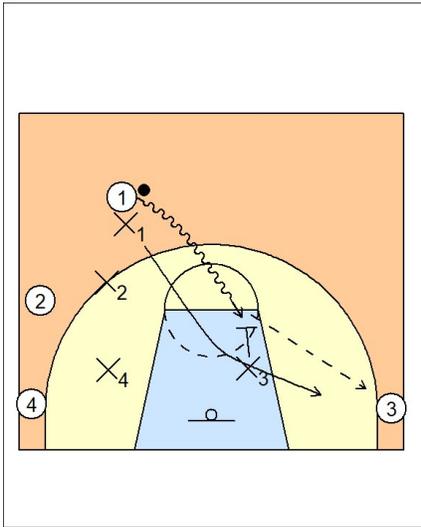


X2 can help and recover if 1 beats X1 outside.

Defence

Defending gaps (simplified)

5



c) Triple gap

1 attacks a triple gap, X3 stops the drive and stays with 1, X1 takes 3.

Option - X1 forces 1 to the crowded side of the floor.