

Defence Ravens

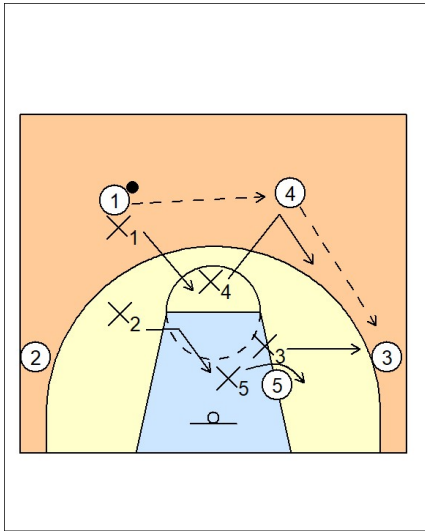
1

Dean Petridis

The defence is forcing left (weak hand). Righties can't pass as well with their left hand.

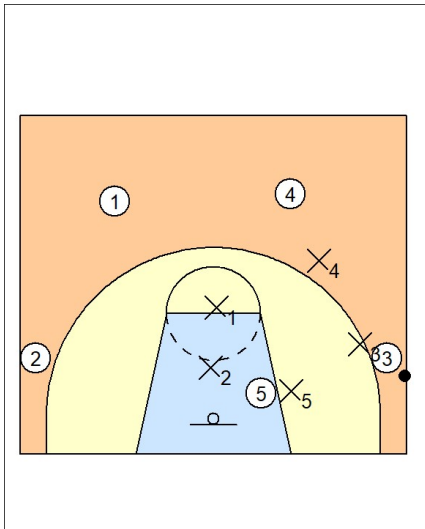
a) Baseline drive

Promote passes to the defensive right wing, then lock in the ball (deny a pass back out), force a left-hand baseline drive, trap with the post defender.



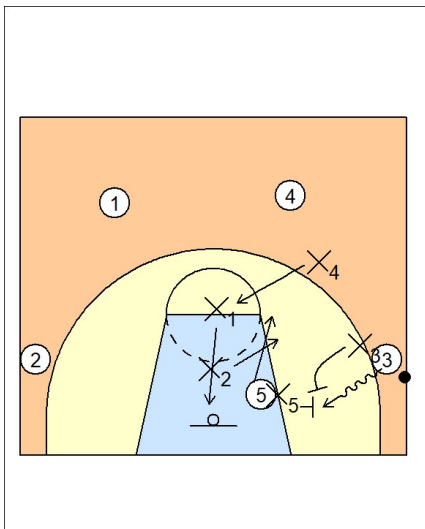
2

X3 forces left, X4 denies a pass back out to 4, X5 fronts low post 5.

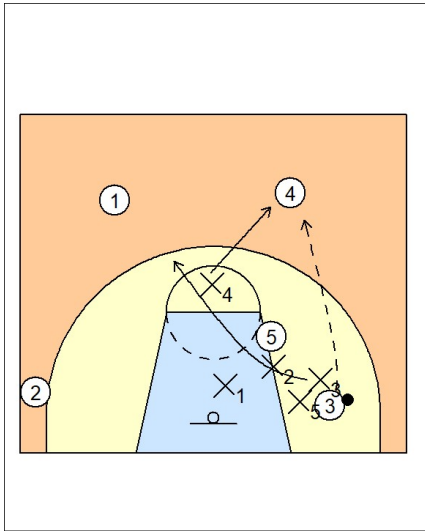


3

On a baseline drive, X5 traps with X3, X2 helps the helper, taking 5 who spaces towards the elbow, X1 drops to the baseline (taking 2), X4 replaces X1.

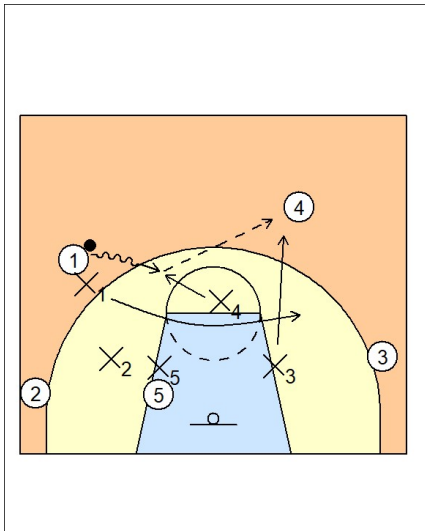


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4

X4 takes first pass to 4 or 1, beaten defender X3 takes the attacker who is left open (here 1). X5 helped on 3 and stays with 3.



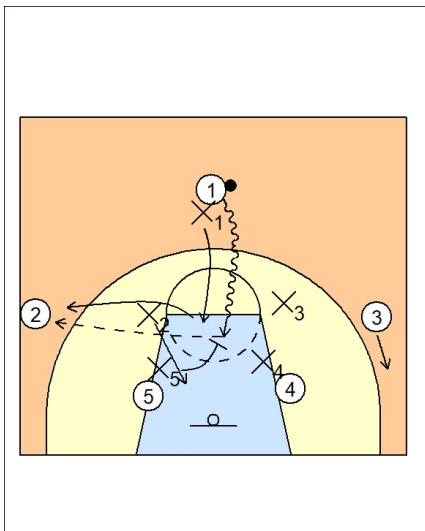
5

b) Middle penetration

A three-guard rotation.

1 beats X1 to the middle, X4 helps (and calls help), X3 takes first pass to 4 or 3, beaten defender X1 has leftovers, here open player 3.

(If the offence does not have great spacing, in many cases gap defender X4 can help then recover on a pass to 4).



6

c) Penetration from the top

Here the offence has two low posts.

If 1 beats X1 with a left-hand drive, don't help from ballside, 3 will have an open 3-point shot if X3 helps.

X5 helps from low weakside, and X2 drops to take away a pass to 5, helping the helper.

The defence is leaving open a tough left-hand hook skip pass to 2, which beaten defender X1 takes.

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Variation - X4 steps up to help, X5 comes over to cover 4, X2 again covers 5, and X1 will take a pass to 2.

