

Development Coaches Clinic 30/09/12

Coaches, here a few general links, plus what we covered today (and a few things I also had on my list). Good luck... Eric.

[http://www.hoopsplaybook.ca/notes/skill\\_checklist.htm](http://www.hoopsplaybook.ca/notes/skill_checklist.htm)

[http://www.hoopsplaybook.ca/notes/favourite\\_drills\\_kids.htm](http://www.hoopsplaybook.ca/notes/favourite_drills_kids.htm)

[http://www.hoopsplaybook.ca/notes/favourite\\_drills.htm](http://www.hoopsplaybook.ca/notes/favourite_drills.htm)

Warm-up

[http://www.hoopsplaybook.ca/dribbling/figure\\_8.html](http://www.hoopsplaybook.ca/dribbling/figure_8.html)

Footwork

[http://www.hoopsplaybook.ca/footwork/stops\\_pivots.html](http://www.hoopsplaybook.ca/footwork/stops_pivots.html)

[http://www.hoopsplaybook.ca/dribbling/stops\\_pivots.html](http://www.hoopsplaybook.ca/dribbling/stops_pivots.html) (sideline to sideline)

[http://www.hoopsplaybook.ca/footwork/pivot\\_and\\_pass.html](http://www.hoopsplaybook.ca/footwork/pivot_and_pass.html) (we didn't do this one)

Dribbling

[http://www.hoopsplaybook.ca/dribbling/tauer\\_stationary.html](http://www.hoopsplaybook.ca/dribbling/tauer_stationary.html)

[http://www.hoopsplaybook.ca/dribbling/mike\\_procopio\\_ballhandling.html](http://www.hoopsplaybook.ca/dribbling/mike_procopio_ballhandling.html) (fullcourt dribbling)

[http://www.hoopsplaybook.ca/dribbling/relay\\_races.html](http://www.hoopsplaybook.ca/dribbling/relay_races.html)

[http://www.hoopsplaybook.ca/dribbling/chicken\\_runs.html](http://www.hoopsplaybook.ca/dribbling/chicken_runs.html) (crossovers, pullback crossovers)

Layups

[http://www.hoopsplaybook.ca/footwork/ganon\\_baker\\_layup\\_form.html](http://www.hoopsplaybook.ca/footwork/ganon_baker_layup_form.html) (around the gym, without then with a ball)

<http://www.hoopsplaybook.ca/layups/bigelow.html> (wall layups)

[http://www.hoopsplaybook.ca/layups/form\\_layups.html](http://www.hoopsplaybook.ca/layups/form_layups.html) (hand backs from coach)

[http://www.hoopsplaybook.ca/layups/peacock\\_drill.html](http://www.hoopsplaybook.ca/layups/peacock_drill.html)

[http://www.hoopsplaybook.ca/layups/alternate\\_layups.html](http://www.hoopsplaybook.ca/layups/alternate_layups.html)

<http://www.hoopsplaybook.ca/layups/nba.html> (from halfcourt)

Passing

<http://www.hoopsplaybook.ca/passing/partner.html>

[http://www.hoopsplaybook.ca/passing/facing\\_lines.html](http://www.hoopsplaybook.ca/passing/facing_lines.html)

<http://www.hoopsplaybook.ca/passing/4-corner.html>

[http://www.hoopsplaybook.ca/passing/tauer\\_monkey\\_in\\_the\\_middle.html](http://www.hoopsplaybook.ca/passing/tauer_monkey_in_the_middle.html) (we didn't do this)

1 on 1

[http://www.hoopsplaybook.ca/1-on-1/controlled\\_1\\_on\\_1.html](http://www.hoopsplaybook.ca/1-on-1/controlled_1_on_1.html)

[http://www.hoopsplaybook.ca/attack-defend/numbers\\_from\\_centre.html](http://www.hoopsplaybook.ca/attack-defend/numbers_from_centre.html)

Shooting

[http://www.hoopsplaybook.ca/shooting/5star\\_shadow.html](http://www.hoopsplaybook.ca/shooting/5star_shadow.html)

[http://www.hoopsplaybook.ca/shooting/tauer\\_form.html](http://www.hoopsplaybook.ca/shooting/tauer_form.html) (partner shooting)

Offence

Spacing, floor balance, basket cut and replace, backdoor cut, dribble-at (handoff, backcut), drive and kick, v-cut and blast cut

[http://www.hoopsplaybook.ca/tactics/teaching\\_4-out\\_motion.html](http://www.hoopsplaybook.ca/tactics/teaching_4-out_motion.html)

[http://www.hoopsplaybook.ca/offences/5-out\\_youth\\_motion.html](http://www.hoopsplaybook.ca/offences/5-out_youth_motion.html)

<http://www.hoopsplaybook.ca/offences/youth.html>

also

[http://www.hoopsplaybook.ca/scrimmage/bigelow\\_3\\_on\\_3\\_with\\_passers.html](http://www.hoopsplaybook.ca/scrimmage/bigelow_3_on_3_with_passers.html)